COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand is currently at **Alert Level 1.** To find out more see Health and disability services at Alert Level 1 .

There are 23 active cases of COVID-19 in New Zealand. New Zealand's confirmed and probable cases of COVID-19 to date is 1569 – see our **current cases page**.

The focus is now on protecting New Zealanders with:

- robust border controls
- continued surveillance and testing
- contact tracing capability and rapid isolation of new cases
- public support to prevent any further spread, like good hygiene and keeping records of movement.

See our elimination strategy for Aotearoa New Zealand .

For COVID-19 health advice and information, contact the Healthline team (for free) on 0800 358 5453 or +64 9 358 5453 for international SIMS.

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

Find out more >

Health advice for the public

- **About COVID-19: Symptoms, spread and where to get help**

- **Assessment and testing**
- **Caring for yourself and others at home**
- **Contact tracing**
- **Face masks**
- **Mental health and wellbeing**
- **Protecting yourself and others**
- **Self-isolation for close contacts**

Health professionals

- **Advice for all health professionals**
- **Allied health professionals**
- **Āwhina app**
- **Cancer and screening services**
- **Case definition and testing guidance**
- **Funded temporary accommodation**
- **Health sector providers**
- **Join the COVID-19 surge workforce**
- **Maternity**
- **Medical transfer**
- **Mental health and addiction**
- **PPE use in health care**
- **Pharmacy**
- **Primary care**
- **Recording COVID-19**
- **Telehealth and online tools**
- **Well Child providers**

Information for:

- **Border sector**
- **Businesses and services**
- **Cleaning services**
- **Deaths, funerals and tangihanga**
- **Disabled people**
- **Hospice patients**
- **Older people**
- **Parents**
- **Personal protective equipment (PPE)**
- **Pregnant women**
- **Gatherings**
- **Travellers entering or leaving NZ**
- **Supporting a person with dementia**

Current situation

- **Current cases**

- **Border controls**
- **Epidemic Notice and Orders**
- **Health and disability services at Alert Level 1**
- **COVID-19 modelling reports and background papers**
- **COVID-19 Elimination Strategy for NZ**
- **COVID-19 Surveillance plan and testing strategy**
- **PHU Contact Tracing "Deep Dive": Rapid reports**

News and media updates

- **6 August - No new cases**
- **6 August - Media update**
- **5 August - 2 new cases**
- **4 August - No new cases**
- **4 August - Aged Residential Care (ARC) Action Plan**

All news and media updates

Resources and tools

- **NZ COVID Tracer app**
- **COVID-19 Health and Wellbeing Survey**
- **New Zealand Sign Language**
- **Easy Read**
- **Learning modules**
- **Information sheets for the general public**
- **Posters**
- **Ministry social media**

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

6 August:

- Updated: Use of masks in the community

4 August:

- Updated: Border controls - information on International Medical evacuations (Medevac)
- Added: Action plan for the recommendations of the Independent Review of COVID 19 Clusters in Aged Residential Care Facilities

3 August:

- Updated: Testing rates for ethnicity and DHB

31 July:

- [Guidance for primary and secondary care on essential groups for testing fact sheet](#)

Page last updated: **06 August 2020**

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About this site

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Other Ministry of Health websites

Official Information Act requests

Information releases

Consultations

Where to go for help

Emergencies
Dial 111 (for ambulance, fire or police)

Healthline
Dial 0800 611 116

Poisons
Dial 0800 POISON (0800 764 766)

Mental health crisis
Emergency contact numbers

New Zealand Government